

CHI Lisbon Health Implementation Strategy

I. Organization Mission

The Mission of Lisbon Area Health Services is to nurture the healing ministry of the Church supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities.

II. Community Served

The focus population of the implementation strategy is adults living in Sargent and Ransom counties of North Dakota. Geographically, this covers 1720.87 square miles with a population of 9286 people.

III. Implementation Strategy Process

The implementation strategy was developed by representatives of CHI Lisbon Health. Based on information gathered via survey monkey and individual interviews with community members. Community members include individuals from Ransom and Sargent Public Health, law enforcement, city mayor, senior services coordinator for both Ransom and Sargent county, school superintendent, and presidents of local community service groups of civic and commerce and Kiwanis. 102 people in Ransom and Sargent counties completed the survey monkey. 61 in Ransom County and 41 in Sargent County. The strategy was approved by LAHS governing board through review of the document and discussion.

IV. Prioritized List of Significant Health Needs Identified in CHNA

The process used to identify priorities was the discussion and debate method. Preliminary areas of need were identified by the hospital internal assessment team and local public health departments. Discussion was held with external entities, leadership and LAHS Board of Directors. Priorities were selected based on burden, urgency of need and estimated feasibility and effectiveness of possible interventions.

V. Significant health Needs to be Addressed

The first significant health need identified was obesity, poor nutrition and inactivity. The objective in addressing this need is to decrease adult obesity by 3% in each county while increasing education and available information regarding obesity and healthy nutrition. Furthermore, exercise opportunities will be increased. LAHS has applied for a \$110,000 grant through the Mission and Ministry fund .The goal of the

grant is to hire a coordinator to collaborate with local organizations. These include but are not limited to, public health, clinics, schools NDSU extension office and weight loss groups such as weight watchers. These groups will provide education on nutrition and healthy choices. In addition, LAHS is looking for a funding source to collaborate with local community members to implement a walking path.

The second significant health need identified was violence prevention. The objective of addressing this need is to reduce reported incidents 20% by 2018. LAHS has collaborated with local law enforcement, social services, county extension, schools and the local domestic violence prevention coalition. The purpose of the coalition is to provide a forum for networking of local agencies. Additionally, the coalition will provide guidance regarding education in the community. LAHS has received a Violence Prevention grant to collaborate with Abuse Resource Network to provide education in the community. Two specific curriculums have been chosen. The first curriculum, Within My Reach focuses on education potential victims and community members about intimate partner violence. The second curriculum, Futures Without Violence focuses on training professionals to incorporate intimate partner violence prevention efforts into their existing work.

The third significant health need identified was mental health and caring for patients with addictions and mental health needs. LAHS has collaborated with local law enforcement, ambulance staff, state and city attorneys, South East Human Service Center and Prairie St. Johns. State legislatures will be invited to the group at a later time. The focus of the group is to address obstacles which prevent patients with mental health and addiction concerns from getting help they require. One major obstacle is transportation for persons who need to be transferred to another facility. Due to lack of resources, LAHS will be investigating the feasibility of contracting with Secure Transport for transportation needs. Another obstacle faced by these patients is the wait time for an available bed at a treatment facility. At times these patients may be in the ED for upwards of eight hours waiting for placement. Due to the amount of time in the ED waiting, LAHS will explore the possibility of a "safe room" for these patients. LAHS staff will receive "Handle With Care" training. LAHS will also explore Global Crises Intervention to help care for patients with addictions and mental health concerns. Lack of mental services locally has also been identified as a concern. LAHS will explore contracting with a local counselor to provide services in our facility. Finally, LAHS will continue to use tele psych in the ED setting and pursue this service in an outpatient arena.

VI. Significant Health Needs Not Addressed

Three areas of identified need are as follows.

The first area identified was the cost of health care. This includes cost of services and insurance which include cost of health, dental and vision insurance. LAHS has a Charity Care Program for persons in need to apply for. LAHS is a part of Catholic Health Initiatives, a nonprofit organization with a longstanding commitment to assist those who seek our care, regardless of ability to pay. If a patient is unable to pay for all or part of the care they receive at our hospital, they may be eligible for free or discounted services. Complete explanation and information can be found at www.lisbonhospital.com.

The second area identified was the access and cost of child care and infant care. This is an area identified as high need. This will be shared with both counties through Economic Development for their information and planning purposes. This would be out of scope of the mission of LAHS.

The third area also identified as high need was bullying. Currently, the Lisbon School system has a bullying program in place to address this topic with school age children. Bullying takes place in a variety of places such as the work place .With the focus on Mental Health concerns, it is felt that an indirect impact may occur to this area of need.

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(date adopted by authorized body of hospital)